

Drasanvi

DOSSIER

SPORTS SUPPLEMENTATION



SPORT
LIVE

THE COMPLETE
SOLUTION
FOR YOUR
TRAINING





SPORT
LIVE

¿What is SportLive?

Sport Live is a line of supplements and sports nutrition designed by Drasanvi to meet all the needs of every athlete, both professional and amateur.

This line is conceived as a comprehensive solution and a complement to physical activity in any of its skills, providing the nutrients that the body requires before, during or after exercise.

Since our origins, Drasanvi has been closely linked to sport of all kinds. Whether by providing nutritional support to local, national and international elite athletes, or by sponsoring teams, clubs, charity races or popular events that promote physical activity, a balanced diet and healthy lifestyle habits.

Research and quality

For this reason, Sport Live is the result of the analysis, development and experience of a group of specialists in the technical field, but, above all, in the sporting and nutritional field. Because we believe that the success and quality of our products must be backed by real consumers who trust their formulations and the way we work.

In short, Sport Live was created with the aim of adapting to the lifestyle and requirements of the sportsperson and, most importantly, it is free of banned substances (doping free).



ISO WHEY PROTEIN ISOLATE



It is a powdered food supplement formulated with high purity proteins. This protein source comes from whey isolate obtained by micro-filtration and ultra-filtration (without undergoing any heat or physical treatment, so the primary structure is not altered), the quality of our protein allows us to obtain a product with a **high protein concentration (close to 90%), extremely low in carbohydrates and free of fats**. Its high purity provides a large amount of branched amino acids, naturally present in the protein, as well as other essential amino acids and minerals such as calcium and phosphorus. In order to improve the quality of the product, we have added amino acids such as **Glutamine and Leucine**, as well as digestive enzymes that help to assimilate the proteins. Source of raw material: **Promiko 295 IP**.



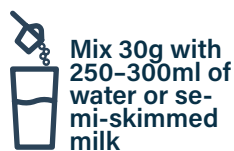
Flavours

Double chocolate
Strawberry-Yoghurt
Vanilla
Cookies and Cream
White Chocolate
Cappuccino
Neutral

Available in size:



How and when to take it?



It is usually taken after exercise.

Ingredients	Amount per daily dose
Whey protein isolate (contains milk and soy)	26,73 g
L-glutamine	0,4 g
L-leucine	0,4 g
Digestive enzymes [alpha-amylase (24000 DU/g), protease (6000 PC/g), cellulase (1100 CU/g), beta-D-galactosidase (4000 ALU/g) and lipase (200 FIP/g)].	0,1 g
Other ingredients: Flavouring, Xanthan Gum and Sucralose.	

*Ingredients may vary according to taste.



COMPETITIVE ADVANTAGES

- High concentration and high purity (90%)
- Low in carbohydrates and fat
- Enriched with L-Glutamine and L-Leucine
- Contains digestive enzymes to aid digestion and assimilation (Digezyme)



BENEFITS

- Improves muscle mass
- Aids recovery of muscle tissue
- Fast energy source
- Helps increase satiety and prevent appetite

WHEY PROTEIN CONCENTRATE



Whey protein concentrate is a food supplement made from high purity protein. This protein source comes from whey concentrate. In this product the protein concentration is **close to 80% and with a low dose of carbohydrates and fats**, but higher compared to whey protein isolate. It provides a high amount of branched-chain amino acids, as well as other essential amino acids and minerals such as calcium and phosphorus. It is enriched with L-Glutamine and L-Leucine. In addition, **digestive enzymes** have been added to improve assimilation and spores to improve the microbiota. Origin of the raw material:

ARLA (LACPRODAN SP-8011 Instant).



How and when to take?



Mix 30g with 250-300ml of water or semi-skimmed milk



It is usually taken after exercise.

Available in size:



Flavours

- Double chocolate
- Strawberry-Yoghurt
- Vanilla
- Cookies and Cream
- White Chocolate
- Cappuccino
- Neutral

Ingredients	Amount per daily dose
Whey protein concentrate (ARLA Lacprodan SP 8011 Instant) (Contains milk and soya).	26,77 g
Pabrobac® (Papain 0.05 g, Bromelain 0.05 g, Lactospore® is a registered trademark of Sabinsa (Bacillus coagulans) 0.025 g)	0,10 g
L-glutamine	0,30 g
L-leucine	0,35 g
Digestive enzyme complex [alpha-amylase (24000 DU/g), protease (6000 PC/g), cellulase (1100 CU/g), beta-D-galactosidase (4000 ALU/g) and lipase (200 FIP/g)].	0,10 g
Other ingredients: Flavouring, Xanthan Gum and Sucralose.	

*Ingredients may vary according to taste.



COMPETITIVE ADVANTAGES

- Approximately 80% protein concentration.
- High-quality carbohydrates and fats.
- Pabrobac.
- Enriched with L-Glutamine and L-Leucine.
- Contains digestive enzymes that facilitate digestion and assimilation.



BENEFITS

- Essential for muscle growth and development.
- Great muscle recovery.
- Satiety sensation.
- Slow absorption, so it will help to increase volume.





VEGAN PROTEIN

It is a powdered food supplement made up of proteins with a high biological value and of vegetable origin.

Drasanvi's Vegan Protein has an interesting composition of four proteins with important benefits: **pea, pumpkin, rice and sunflower seed**.

They are suitable for vegans and/or vegetarians, but can also be included in any normal diet. It is important to remember that proteins are essential for the preservation of muscle mass, as well as for good performance.



Size:



Flavours

- Brownie
- Raspberry & Cream Cappuccino

How and when to take?



Mix 30g with 200 - 350 ml of water or vegetable drink



It is usually taken after exercise

Ingredients	Amount per daily dose
Pea protein isolate	22,286 g
Rice protein	34,287 mg
Pumpkin seed protein	0,857 g
Sunflower seed protein	0,857 g
Other ingredients: flavouring, xanthan gum and steviol glycosides, raspberry (beetroot)	

*Ingredients may vary according to taste.



COMPETITIVE ADVANTAGES

- Gluten and lactose free
- Suitable for vegans and vegetarians
- Provides 64% protein per serving



BENEFITS

- Improves muscle mass.
- Aids recovery of muscle tissue
- Rapid energy source
- Helps increase satiety and prevent appetite





STRONG GAINER

MUSCLE WINNER

A food supplement based on carbohydrates and proteins. The source of carbohydrates are amylopectin, isomaltulose and whole oat flour (gluten-free). The proteins are from whey concentrate and the quality of our ingredients allows us to obtain a product with an optimum supply of carbohydrates and proteins.

It provides the calories necessary to achieve good muscle development and healthy weight gain in a faster and healthier way.

How and when to take?



Mix 80g diluted in 300-400ml of water, milk or vegetable drink.



It is usually taken after exercise



LACPRODAN[®]
SP-8011 INSTANT



Size:



3Kg

Flavours

Double Chocolate
Strawberry Yoghurt
Vanilla
Cookies & Cream
White Chocolate
Cappuccino



COMPETITIVE ADVANTAGES

- Gluten free.
- Enriched with L-Glutamine.
- Contains Whey Protein Concentrate (ARLA Lacprodan SP 8011 (ARLA Lacprodan SP 8011 Instant)



BENEFITS

- Quality carbohydrates and fats
- Provides the calories you need to gain weight in a healthy way
- High in vitamins and amino acids

Ingredients	Amount per daily dose
Whey Protein Concentrate (ARLA Lacprodan SP 8011 Instant) (Contains milk and soy)	20 g
Amylopectin (contains sulphates)	25 g
Palatinose® (Isomaltulose)	15 g
Wholemeal oat flour, gluten-free	9,320 g
L-Glutamine	5 g
Creatine Monohydrate (200 mesh)	3 g
Pabrobac® (Papaina 0,05 g, Bromelaina 0,05 g, Lactospore® es una marca registrada de Sabinsa (Bacillus coagulans) 0,025 g)	0,125 g
Digestive enzyme complex [alpha-amylase (24000 DU/g), protease (6000 PC/g), cellulase (1100 CU/g), beta-D-galactosidase (4000 ALU/g) and lipase (200 FIP/g)].	0,1g
Chelated magnesium	80 mg
Calcium ascorbate (Vitamin C)	30 mg
Vitamin B3 (Nicotinamide)	4 mg
Vitamin B2 (Riboflavin)	3 mg
Vitamin B12 (Cyanocobalamin 0.1%)	2,5 mg
Vitamin B1 (Thiamine hydrochloride)	2 mg
Vitamin E (D-Alpha tocopherol)	2 mg
Vitamin B6 (Pyridoxine hydrochloride)	1,4 mg
Vitamin B5 (D-Calcium Pantothenate)	1,2 mg
Zinc sulphate (Zinc)	3 mg
Other ingredients (Folic Acid, Sucralose, Selenomethionine, Biotin, Flavouring, Xanthan Gum)	

*Ingredients may vary according to taste.

ISO WHEY PROTEIN ISOLATE

SACHETS MONODOSE 30g



It is a powdered food supplement formulated with high purity proteins. This protein source comes from whey isolate obtained by micro-filtration and ultra-filtration (without undergoing any heat or physical treatment, so the primary structure is not altered).

Origin of raw material: **Promiko 295 IP.**

Thanks to this format you can combine any flavour, take it wherever you want or test its quality.



Size:



Flavours

Double Chocolate
Strawberry-Yoghurt
Vanilla
Cookies & Cream
White Chocolate
Cappuccino
Neutral

How and when to take?



Mix 30g with
250 - 300 ml
water or se-
mi-skimmed
milk



It is usually
taken after
exercise

Ingredients	Amount per daily dose
Whey protein isolate (contains milk and soy)	26,73 g
Cocoa powder (from organic farming)	2 g
L-glutamine	0,4 g
L-leucine	0,4 g
Digestive enzymes [<i>alpha</i> -amylase (24000 DU/g), protease (6000 PC/g), cellulase (1100 CU/g), beta-D-galactosidase (4000 ALU/g) and lipase (200 FIP/g)].	0,1 g
Other ingredients: Flavouring, Xanthan Gum and Sucralose.	



COMPETITIVE ADVANTAGES

- High concentration and high purity (90%)
- Low in carbohydrates and fat
- Enriched with L-Glutamine and L-Leucine
- Contains digestive enzymes to aid digestion and assimilation



BENEFITS

- Improves muscle mass
- Aids recovery of muscle tissue
- Rapid energy source
- Helps increase satiety and prevent appetite

WHEY PROTEIN CONCENTRATED

MONODOSE BOTTLE 30g



It is a powdered food supplement formulated with high purity proteins. This protein source comes from whey isolate obtained by micro-filtration and ultra-filtration (without undergoing any heat or physical treatment, so the primary structure is not altered).

Origin of raw material:

ARLA (LACPRODAN SP-8011 Instant).

This format has been designed to be taken wherever you need it and to be consumed at any time.

Pour in water or milk, shake and you're done!



LACPRODAN
SP-8011 INSTANT



Size:



30g

Flavours

Double Chocolate
Strawberry-Yoghurt
Vanilla
Cookies & Cream
White Chocolate
Cappuccino
Neutral

How and when to take?



Add about
200 ml of water,
milk or
vegetable drink.



It is usually
taken
after
exercise

**Same ingredients as WHEY PROTEIN CONCENTRATE
Ingredients may vary depending on flavour.*



COMPETITIVE ADVANTAGES

- Approximately 80% protein concentration.
- Quality carbohydrates and fats.
- Pabrobac.
- Enriched with L-Glutamine and L-Leucine.
- Contains digestive enzymes that facilitate digestion and assimilation.



BENEFITS

- Essential for muscle growth and development.
- Great muscle recovery.
- Satiety sensation.
- Slow absorption, so it will help to increase volume.



L-GLUTAMINE



L-Glutamine is a non-essential amino acid that forms part of numerous tissues, intervening directly in the reconstruction and formation of muscle tissue in particular.

We use Kyowa Glutamine, a brand that combines quality and innovation in its manufacturing processes.



Size:



Flavours

- Lemon
- Watermelon
- Neutral

How and when to take?



Mix 5g* in 100ml in 100ml of water



During the breakfast



And after the exercise

*This intake is recommended for people of 80 kg (increase the proportion according to body weight).

Ingredients	Amount per daily dose
L-Glutamine Kyowa	8700 mg
Other ingredients: Sucralose and flavourings (Lemon flavour with beta-carotene and Watermelon flavour with beetroot).	



COMPETITIVE ADVANTAGES

- Presentation in powder form for dilution in any liquid.
- Kyowa brand, recognised in the world of sport. Kyowa certifies a vegetable fermentation process, which makes it a product suitable for vegans.



BENEFITS

- Avoids the destruction of muscle tissue during physical exercise.
- Minimises oxidative stress, a consequence of exercise
- Improves muscle recovery and regeneration after training sessions
- Helps the immune system to function properly
- Improves intestinal permeability



BCAAS + L-GLUTAMINE



BCAA's (Branched-Chain-AminoAcids) are essential branched amino acids, which are related to protein synthesis and muscle recovery. They include **Leucine**, **Isoleucine** and **Valine**. It is enriched with L-Glutamine.

Because our body is not able to synthesise them on its own, it is necessary to obtain them through the diet to transform them into energy and prevent the loss of muscle mass.

How and when to take?



Strength training



Consume 10g



And after the exercise

Endurance training



Consume 10g* spread over two intakes



5 grams 30 minutes before training



5 grams after training

Size:



Flavours

Lemon
Watermelon

*One level scoop corresponds to 5g. Can be taken at the same time as our protein shake.

Ingredients	Amount per daily dose
L-Leucine Kyowa	4500 mg
L-Glutamine Kyowa	3073 mg
L-Isoleucine Kyowa	563 mg
L-Valine Kyowa	563 mg
<i>Other ingredients: Sucralose and flavourings (Lemon flavour with beta-carotene and Watermelon flavour with beetroot).</i>	



COMPETITIVE ADVANTAGES

- High amount of Amino Acids in 8:1:1 ratio
- Enriched with L-Glutamine
- Presentation in powder form to choose how to take it.
- Kyowa brand, a recognised brand in the world of sport. Kyowa certifies a vegetable fermentation process, which makes it a product suitable for vegans.



BENEFITS

- Provide energy and prevent loss of muscle mass
- Enhance muscle recovery
- Reduces fatigue during exercise
- Improve immune system response



BCAAS WITHOUT KYOWA



Size:



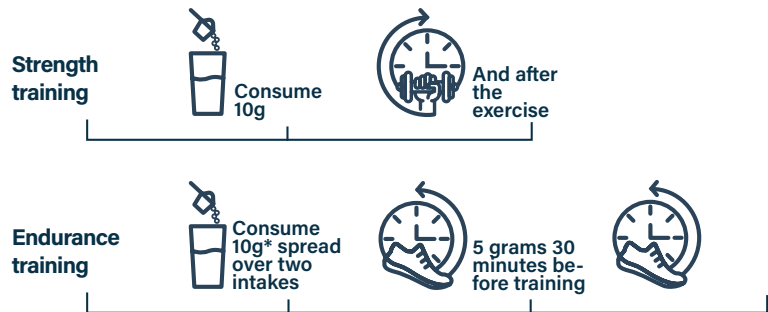
275g

Flavour
Watermelon

BCAA's (Branched-Chain-AminoAcids) are essential branched amino acids, which are related to protein synthesis and muscle recovery. They include **Leucine**, **Isoleucine** and **Valine**. It is enriched with L-Glutamine.

Because our body is not able to synthesise them on its own, it is necessary to obtain them through the diet to transform them into energy and prevent the loss of muscle mass.

How and when to take?



*One level scoop corresponds to 5g. Can be taken at the same time as our protein shake.

Ingredients	Amount per daily dose
L-Leucine	4500 mg
L-Glutamine	3073 mg
L-Isoleucine	563 mg
L-Valine	563 mg
Other ingredients: Sucralose and flavourings (Lemon flavour with beta-carotene and Watermelon flavour with beetroot).	



COMPETITIVE ADVANTAGES

- High amount of Amino Acids in 8:1:1 ratio
- Enriched with L-Glutamine
- Powdered form to choose how you want to take it



BENEFITS

- Provide energy and prevent loss of muscle mass
- Enhance muscle recovery
- Reduces fatigue during exercise
- Improve immune system response

PRE-WORKOUT BOOM



Brutal and limitless power with our elite pre-workout. Each dose, composed of caffeine (300 mg), taurine (1000 mg), arginine (2000 mg), abeta-alanine (3000 mg) and L-citrulline malate (5000 mg) unleashes your maximum levels of energy, endurance and concentration, which will allow you to perform at your best during your workouts. It also facilitates recovery in a constant process of activity.

How and when to take?



Size:



Flavours

- Lemon
- Watermelon
- Apple



Dissolve 3 scoops (2 full and 3/4 of the third, 13.5 g in total) in 250-300 ml of water.



10-15 minutes before exercise

Ingredients	Amount per daily dose
L-Citrulline Malate	5000 mg
Beta Alanine	2000 mg
L-Arginine	2000 mg
L-Taurine	1000 mg
Glycopump®	1000 mg
Dried extract of Amaranth (<i>Amaranthus hypochondriacus</i> L.) (OXYSTORM®)	350 mg
Caffeine anhydrous	300 mg
Dried <i>Rhodiola</i> Extract (root) (<i>Rhodiola rosea</i> 3% rosavins 1% salidosides)	250 mg 7,5 mg, 0,25 mg
Jenpicap® (Dry extract Ginger (rhizome) (<i>Zingiber officinale</i> Roscoe, Ratio 8:1, gingerols 5%) 100 g, Dry extract of Cayenne (fruit) (<i>Capsicum annum</i> L.) 5 mg (fruit) (<i>Piper nigrum</i> Piperine 95%) 5 mg)	110 mg
Cinnamon dry extract (bark) (<i>Cinnamomum cassia</i> Blume, ratio 10:1, Polyphenols 10%)	100 mg 10 mg
Other ingredients: Flavouring (Lemon Flavouring), Anti-caking agent (Silicon Dioxide), Anti-caking agent (Calcium Carbonate), Sucralose (Sweetener)	



BENEFITS

- The glycerol in GLYCEROPUMP will provide hydration to your muscles during training, keeping your body in optimal condition. It contributes to water retention and muscle volumisation.
- Thanks to the presence of OXYSTORM (amaranth extract, selected for its high nitrate content), we consume a high level of nitrates, which are compounds that the body can convert into nitric oxide, an important regulator of blood flow and vasodilation, which can result in increased blood flow to the muscles during exercise.
- Patented JENPICAP® is formulated with three botanical dry extract ingredients that provide warmth. This provides an instant sensation of warmth as soon as the product is ingested, helping to prepare you for physical activity.

CREATINE

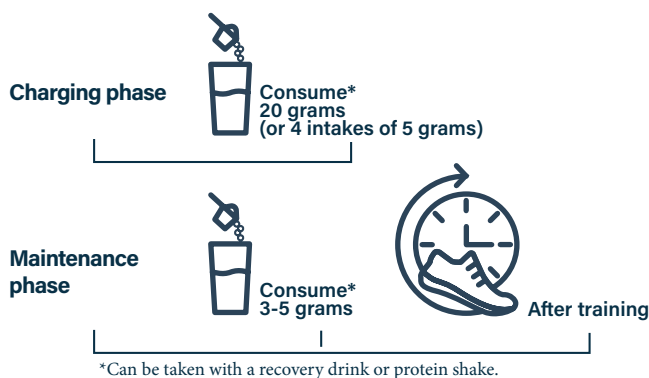
CREAPURE®



Creatine is a substance produced by our body (mainly in the liver, kidneys and pancreas) from three amino acids: Glycine, Arginine and Methionine.

This substance is secreted into the bloodstream and distributed to the various cells of the body. Because of its functions in the body, creatine is one of the most widely used supplements for sportsmen and women. In fact, it has been shown that the consumption of 3 grams of creatine improves physical performance in successive sets of short, high-intensity exercise. However, the type of creatine used is of vital importance to obtain the expected results. Drasanvi, in search of the highest quality, has selected Creapure® brand creatine for its Sport Live Creatine line, free of impurities and backed by rigorous analytical studies.

How and when to take?



Size:



Flavour
Neutral

Ingredients	Amount per daily dose
Creatine monohydrate (Creapure)	5000 mg



COMPETITIVE ADVANTAGES

- Creapure brand creatine, free of impurities
- 100% creatine: no artificial colours, preservatives or added sugars
- Micronised formula
- Suitable for vegans



BENEFITS

- Strength
- Sprinting (improves acceleration effort)
- Muscular endurance
- Fatigue resistance
- Muscle recovery
- Cerebral performance



CREATINE MESH

80 MESH & 200 MESH



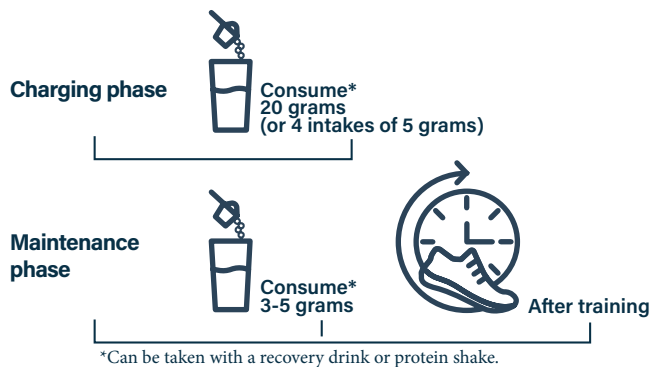
Creatine is a substance produced by our body (mainly in the liver, kidneys and pancreas) from three amino acids Glycine, Arginine and Methionine. This substance is secreted into the bloodstream and distributed to the different cells of the body. Because of the way it works, creatine is one of the most widely used supplements for athletes. In fact, it has been proven that the consumption of 3 grams of creatine helps to improve physical performance in successive sets of short, high-intensity exercise. Of course, the type of creatine used is of vital importance. In this case, the main difference between creatine 80 MESH and 200 MESH is the size of its particles when dissolved in liquids and absorbed by the body.



Size 80 MESH: 300g Flavour Neutral

Size 200 MESH: 300g Flavour Neutral, 500g Flavour Lemon, Berries, Watermelon, 1Kg Flavour Neutral

How and when to take?



Ingredients	Amount per daily dose
Creatine 80 MESH	5000 mg
Creatine 200 MESH	5000 mg



COMPETITIVE ADVANTAGES

- Available in 80 and 200 MESH.
- 100% creatine: no artificial colours, preservatives or added sugars.
- Micronised formula.
- Suitable for vegans.



BENEFITS

- Strength
- Sprinting (improves acceleration effort)
- Muscular endurance
- Fatigue resistance
- Muscle recovery
- Cerebral performance



L-CARNITINE



L-carnitine is an amino acid whose function is to transport fatty acids into the mitochondria to generate energy through fat metabolism.

In addition, this substance is highly valued by athletes for its fat-burning action to reduce body fat levels.

At Drasanvi, we have two L-Carnitine products to facilitate its consumption: vials and capsules.

The main difference between the two, apart from their format, is the formulation. Liquid L-Carnitine 3000mg combines L-carnitine and acetyl L-carnitine and is reinforced with coenzyme Q10 in the form of ubiquinol, which gives it a high antioxidant capacity to combat excess free radicals and, therefore, cellular ageing.

How and when to take?



Consume one vial/capsule



Before the physical exercise

16 vials

90 capsules

3000 mg

500 mg

Flavour
Lemon

Flavour
Neutral

Vials	
Ingredients	Amount per daily dose
L-Carnitine	1500 mg
Acetil L-Carnitine	1500 mg
Coenzyme Q10	30 mg
Other ingredients: Sucralose, flavouring, potassium sorbate and citric acid	

Capsules	
Ingredients	Amount per daily dose
L-Carnitine	1500 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide	



COMPETITIVE ADVANTAGES

- High amount of L-carnitine from two different sources and enriched with Coenzyme Q10
- Format vials & capsules



BENEFITS

- Increases exercise capacity
- Improves athletic performance
- Accelerates recovery after intense exercise
- Prevents oxidative stress



MUSCLE RECOVERY



Size:



750g

Flavour
Watermelon

It is a nutritional supplement designed to maximise recovery and accelerate muscle regeneration after an intense training session and/or long-lasting, high-exertion competitions.

In its formula, it combines high quality proteins and essential amino acids, as well as hydrolysed marine collagen, designed to repair damage to muscle fibres and to maintain the bone and joint system in a healthy state. In addition, we have added coconut water to prevent dehydration, help replenish energy stores and promote electrolyte balance.

How and when to take?



Consume* 50g dissolved in 500 ml of water



After physical exercise

*Food intended for adults who have performed high intensity or long duration physical exercise leading to muscle fatigue and depletion of stored glycogen in skeletal muscles.

Ingredients	Amount per daily dose
Amylopectin	30 g
Pea protein	7 g
Rice Protein	4 g
Hydrolysed Marine Collagen	3 g
Coconut water	1 g
DHA algae	100 mg
Other ingredients: Sucralose and flavourings	



COMPETITIVE ADVANTAGES

- Contains amylopectin, which has been scientifically studied for performance and reduced gastric emptying
- With vegetable proteins
- Enriched with hydrolysed marine collagen
- Enriched with DHA, which is involved in inflammatory processes
- With coconut water, as a natural source of electrolytes



BENEFITS

- Improving performance
- Regeneration and recovery from muscle wasting
- Prevents dehydration and promotes electrolyte balance
- Combats the destruction of muscle proteins



MAX CLA



90 softgels

Flavour Neutral

CLA, or conjugated linoleic acid, is an essential acid that reduces body fat by increasing the basal metabolic rate. In other words, it increases the amount of energy the body needs to function, converting fat into energy more efficiently and without altering muscle tone.

In the same way, it has been observed that CLA may be involved in the functioning of the immune system and that it stimulates the formation of muscle mass. However, it is also known to be an antioxidant and to regulate blood sugar metabolism.

How and when to take?



Ingredients	Amount per daily dose
Conjugated linoleic acid (80%)	3 g (2,4g CLA)
Other ingredients: Gelatin, Glycerin, iron oxide black and red)	7 g



COMPETITIVE ADVANTAGES

- Natural origin, from safflower oil



BENEFITS

- Reduces body fat
- Helps reduce the yo-yo effect in weight loss diets
- Helps to lower cholesterol and triglycerides



TERMOGEN



A supplement designed for weight loss in athletes. The synergy of its ingredients (green tea, piperine, caffeine, chromium, garcinia, betaine and choline) helps to increase energy expenditure and optimise carbohydrate consumption, as well as boosting the reduction of accumulated fat.

How and when to take?



Consume*
3 capsules
per day



Half an hour
before the three
main meals

*If tolerance of the evening capsule is low, it can be taken mid-afternoon (always on an empty stomach).

90
capsules

Flavour
Neutral



Ingredients	Amount per daily dose
Green tea dry extract	450 mg
Garcinia cambogia dry extract	345 mg
Caffeine Anhydrous	300 mg
Betaine	100 mg
Choline	100 mg
Inositol	100 mg
Piperine	5 mg
Cromo	40µg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- High amount of caffeine anhydrous



BENEFITS

- Thermogenic action: thanks to the action of caffeine, piperine and green tea.
- Carbohydrate modulators: (Chromium and garcinia)
- Fat mobilisers (Choline and Inositol)

GREEN TEA



90 capsules

Flavour
Neutral

Green tea is a natural thermogenic that speeds up metabolism and helps burn fat.

Green tea is responsible for increasing the oxidation of fatty acids in the muscle during exercise, while providing antioxidants that reduce the level of free radicals produced during periods of intense exercise.

How and when to take?



Consume 2 capsules per day



Distributed in two of the main meals

Ingredients	Amount per daily dose
Green tea dry extract	700 mg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- High amount of green tea extract.
- High quality extract: titrated and standardised.



BENEFITS

- Thermogenic action
- Antioxidant



MULTIVITAMIN

A multivitamin is an essential supplement for the proper functioning of the body. Generally speaking, during physical exercise, the need for new nutritional requirements to combat any deficiencies becomes apparent.



90  capsules

Flavour
Neutral

How and when to take?



It is recommended to take 1 capsule per day



Preferably with breakfast

Can be consumed daily

Ingredients	Amount per daily dose
Calcium	120 mg
Magnesium	56,25 mg
Vitamin C	80 mg
Iron	7 mg
Probiotics	50 mg
FOS	50 mg
Vitamin E	12 mg
Vitamin B3	16 mg
Zinc	10 mg
Manganese	2 mg
Vitamin A	800 µg
Vitamin B5	6 mg
Vitamin B12	2,5 µg
Vitamin D3	5 µg
Vitamin B6	1,4 mg
Vitamin B2	1,4 mg
Vitamin B1	1,1 mg
Folic acid	200 µg
Selenium	55 µg
Molybdenum	50 µg
Biotin	50 µg
Other ingredients: Hydroxypropyl methylcellulose, Microcrystalline cellulose, Magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- Excellent nutritional balance
- Enriched with probiotics, which improves the absorption of nutrients and enhances digestive processes.



BENEFITS

- Improves nutritional requirements during physical exercise.
- Improves the absorption of nutrients, which translates into increased energy production.



90 capsules

Flavour Neutral

B-COMPLEX

B-Complex is a high quality and highly effective multivitamin for any sportsperson, as its composition includes all the vitamins of the B group to avoid any deficiency. These vitamins are responsible for increasing cellular energy, as well as helping the formation of red blood cells.

Therefore, B-Complex participates in cellular metabolism and the synthesis of carbohydrates, proteins and fats essential for our daily life as well as muscle recovery.

How and when to take?



Consume 1 capsule per day



At one of the main meals

Ingredients	Amount per daily dose
Vitamin B5	50 mg
Vitamin B1	50 mg
Vitamin B2	50 mg
Vitamin B3	50 mg
Inositol	50 mg
Choline	21 mg
Vitamin B6	25 mg
Vitamin B12	5 µg
Folic acid	400 µg
Biotin	50 µg
Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide	



COMPETITIVE ADVANTAGES

- B-complex enriched with Inositol and Choline



BENEFITS

- Enhances metabolic functions
- Helps muscle recovery



MAGNESIUM



Magnesium is an essential mineral for our metabolism, as it is involved in more than 300 organic reactions, helping to maintain the proper functioning of muscles and nerves, as well as the immune system and energy production.

For athletes, it is an essential mineral as it helps prevent tiredness and fatigue, muscle cramps and promotes good rest.

As with other varieties, two formats of magnesium are available for ease of use: liquid/vials and tablets. In both cases, magnesium has been included in citrate form for better assimilation by the body. The only difference is the amount included in each daily dose. While in liquid form it is sufficient to take one vial to obtain the minimum recommended daily amount, in tablets you should take at least two.

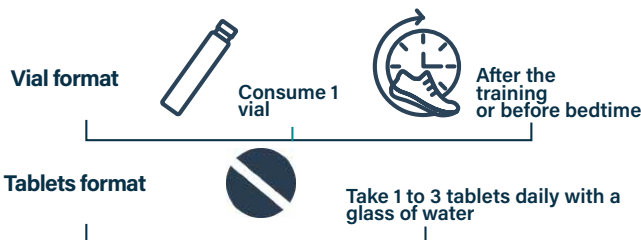
How and when to take?

24 vials

Sabores
Peach

90 tablets

Flavour
Neutral



Vials	
Ingredients	Amount per daily dose
Magnesium (as citrate)	285,25 mg
Other ingredients: Sucralose, flavouring, potassium sorbate and citric acid.	
Tablets	
Ingredients	Amount per daily dose
Magnesium (as citrate)	164,61 mg
Other ingredients: Microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- Provided in citrate form, a more bioavailable state for the body and without laxative effects.



BENEFITS

- Reduces tiredness and fatigue
- Contributes to the maintenance of muscles and bones
- Regulates blood pressure
- Prevents cramps in athletes
- Promotes rapid muscle recovery and improves sporting performance
- Regulates electrolyte balance



CALCIUM+D3+K2



Calcium is an essential mineral for bones. It is also very important for heart rate and muscle contraction.

The presence of vitamin D3 together with vitamin K2 improves calcium assimilation. This is why we have decided to change them for greater efficiency.

How and when to take?



Consume 2 tablets per day



In two of the main meals



90 tablets

Flavour
Neutral

Ingredients	Amount per daily dose
Calcium (In the form of calcium bisglycinate and marine calcium)	318 mg
Vitamin K2	75 µg
Vitamin D3	5 µg
Other ingredients: Microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

-Calcium source from calcium bisglycinate and in the form of marine calcium.



BENEFITS

- Contributes to muscle and bone maintenance
- Regulates cardiac impulses, making it an essential mineral in the heart rate
- Reduces muscle cramps
- Reduces blood pressure

VITAMIN D3



Vitamin D3 is essential for physical exercise. A vitamin D deficiency affects the musculoskeletal system and can lead to an increased risk of injury.

This vitamin improves muscle strength and power and plays a fundamental role in the correct absorption of calcium and phosphorus in the bones. It also helps to regenerate muscle structure as a result of wear and tear during sport.

How and when to take?



Take 1 tablet per day



Together with a meal



90 tablets

Flavour
Neutral

Ingredients	Amount per daily dose
Vitamin D3	100 µg
Other ingredients: Microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- High Vitamin D3 intake



BENEFITS

- Reduces tiredness and fatigue
- Contributes to the maintenance of muscles and bones
- Regulates blood pressure
- Prevents cramps in athletes
- Promotes rapid muscle recovery and improves sporting performance
- Regulates electrolyte balance



90 
softgels

Flavour
Neutral

VITAMIN E

Vitamin E is one of the best antioxidants we have. Physical exercise, although it has many benefits, can provoke free radicals which cause premature ageing of many of the body's structures.

Adequate amounts of this vitamin are key to ensuring good performance and muscle recovery. It is also good for preventing damage or injury.

How and when to take?



Consume 1
softgel per
day



Together
with
a meal

Ingredients	Amount per daily dose
Vitamin E	268 mg
Other ingredients: Gelatin, Glycerin and Soybean Oil	75 µg



COMPETITIVE ADVANTAGES

- With naturally sourced Vitamin E



BENEFITS

- Reduces oxidative stress
- Improves sports performance



VITAMIN C



Vitamin C is a water-soluble vitamin. An essential nutrient that should be included in our diet.

With 1000 mg of ascorbic acid and Acerola, which incorporates Vitamin C of vegetable origin.

It stimulates the functioning of the immune system and acts as an antioxidant.

How and when to take?



Consume 1 softgel a day, preferably with a meal.



Together with a meal

90 softgels

Flavour
Neutral

Ingredients	Amount per daily dose
Ascorbic acid (Vitamin C)	1000mg
Acerola dry extract (<i>Malpighia punicifolia</i> L., Vitamin C 50%)	25mg
<i>Other ingredients: (Coating agent, Bulking agent, Anti-caking agent, Anti-caking agent)</i>	



COMPETITIVE ADVANTAGES

- With one softgel a day you exceed the recommended daily dose
- An effective antioxidant
- Vitamin C of vegetable origin



BENEFITS

- Contributes to the normal functioning of the immune system
- Helps to reduce tiredness and fatigue
- Contributes to the formation of blood vessels, cartilage, muscles and collagen





90 
tablets

Flavour
Neutral

How and when to take?



Take 1 tablet per day



Together with the main meal

Ingredients	Amount per daily dose
Zinc bisglycinate 20%	100 mg. 20mg
Other Ingredients: Microcrystalline cellulose, Magnesium stearate and Silicon Dioxide	



COMPETITIVE ADVANTAGES

- Zinc is added to this supplement in the form of bisglycinate, which improves bioavailability by the body. Studies have shown that bisglycinate is better absorbed than zinc added in the form of gluconate



BENEFITS

- It is a great antioxidant, because it acts effectively against the toxicity of all kinds of heavy metals
- It is particularly important for high-performance sportsmen and women because it is involved in tissue repair.
- It combats fatigue and tiredness
- It helps the immune system to function properly.
- Aids digestion



COCONUT WATER



Flavour
Neutral

Coconut water is refreshing, **rich in electrolytes and with a low caloric value**, which makes it a unique drink and especially interesting for athletes.

Drasanvi's coconut water is extracted from **organic coconuts from Sri Lanka**, where they are cultivated and harvested in an environmentally friendly way. They are fresh and tender coconuts, which have not begun to ripen, giving it a great quality and unequalled flavour, a drink with unique flavour and properties!

In addition, it helps us to avoid temperature rises, it is a good diuretic and very rich in mineral salts that participate in the mineralisation of the bones.

How and when to take?



It should be consumed cold to enjoy its properties. It can be taken at any time, but it is recommended during and after exercise to improve recovery.

Ingredients	Amount per daily dose
100% coconut water	



COMPETITIVE ADVANTAGES

- Glass packaging for better preservation of its properties
- Coconuts of organic origin



BENEFITS

- It provides very good hydration after physical exercise due to its contribution of glucose and sodium, potassium and chlorine as main electrolytes
- It has a sweet and smooth taste that provides a good palatability, thus favouring drinking an adequate amount of liquid at a good pace (necessary for proper hydration during or after sports activity), and does not cause nausea or a feeling of fullness
- It has five times more potassium than the well-known isotonic drinks



90 
capsules

Flavour
Neutral



ELECTROLYTES

Electrolytes are particles that help regulate the balance of fluids in the body. The most important are sodium, chloride and potassium. If there are not enough of them, deficiency symptoms such as muscle cramps, weakness and apathy can occur.

During sport, many substances are often lost as a result of sweating. For this reason, electrolytes are indispensable in the world of sport.

In addition, **our electrolytes are combined with Vitamin D3**, which helps to strengthen the musculoskeletal system and prevent injuries.

How and when to take?



Consume 2
capsules
per day



Preferably
at breakfast

Ingredients	Amount per daily dose
Chlorine	271 mg
Sodium	168 mg
Potassium	98,8 mg
Phosphorus	37 mg
Calcium	25 mg
Vitamin D3	10 µg
Other ingredients: Microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

Drasanvi's electrolytes contain a high percentage of Vitamin D3 in their formulation, which is essential to prevent muscle wasting and help the correct absorption of calcium. Electrolytes include sodium, magnesium, calcium, potassium and chlorine. These elements can also be found in Sport Live coconut water.



BENEFITS

- help balance the amount of water in the body
- regulate the acid/base (pH) level in the body
- Enhance the transport of nutrients to the cells
- Contribute to the proper functioning of nerves, muscles, heart and brain.
- Play a key role in muscle contraction and function of nerves, heart and brain tissue.

MELATONIN



90 
capsules

Flavour
Neutral

Melatonin helps to reduce the time it takes to fall asleep. Melatonin is a hormone that is naturally secreted in the absence of light, thus improving sleep and its quality. **This product contains 1.9 mg of pure melatonin per daily dose** and, among other things, is a great ally when facing changes in work schedules or jet lag.

It is important to emphasise that sportsmen and women need to rest well. Their physical fitness depends on this to a large extent. Lack of rest can have consequences on their body such as:

- Increased risk of injury, as concentration and agility decrease.
- During sleep, muscles regenerate and release accumulated tension.
- It strengthens the immune system, increasing defences against infections.
- It favours cellular oxygenation, as breathing is slow and deep.

How and when to take?



Take 1
capsule per day
with plenty of water



Preferably
before going to bed

Ingredients	Amount per daily dose
Melatonin	1,9 mg
Other ingredients: Hydroxypropylmethyl cellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- 1.9 mg per daily dose



BENEFITS

- Improves the quality of sleep
- Contributes to the proper functioning of the immune system
- Antioxidant function



COENZYME Q10



Coenzyme Q10 is a powerful antioxidant (it naturally combats the ageing of cells in the human body) and is essential for the proper functioning of the skeletal muscle apparatus and the heart, as it feeds the muscles and transforms energy into muscular movement.

Coenzyme Q10 is a molecule produced by our body which plays an essential role in the generation of energy.

After sessions involving a lot of physical activity, coenzyme Q10 effectively improves muscle recovery. It provides protection against oxygen free radicals resulting from intense physical activity.

90 
capsules

Flavour
Neutral

How and when to take?



Take 1
capsule
per day



Preferably
at lunchtime

Ingredients	Amount per daily dose
Coenzyme Q10	30 mg
Other ingredients: Hydroxypropylmethylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide.	



COMPETITIVE ADVANTAGES

- The use of concentrated and titrated capsules allows us to obtain the same dose in each capsule
- Coenzyme Q10 capsules are manufactured so that there is no contamination with any of the most common allergens



BENEFITS

- Provides protection against oxygen free radicals resulting from intense physical activity
- It effectively improves muscle recovery

CHONDROITIN AND GLUCOSAMINE



90 capsules

Flavour
Neutral

Chondroitin and glucosamine are two well-known substances in the world of sport. Chondroitin, also known as chondroitin sulphate, is a substance that is generally associated with proteins. Drasanvi's chondroitin is of marine origin.

Glucosamine hydrochloride, known as glucosamine, is an amino sugar involved in the glycosylation of some proteins and lipids. This makes it a precursor of glycosaminoglycans, glycolipids and proteoglycans (one of the two major substances in joint cartilage). The glucosamine used in our capsules is HCl.

This supplement is intended for the relief of joint pain caused by physical exercise. Glucosamine and chondroitin supplements cushion the joints, which is also beneficial in the long term.

How and when to take?



Consume 2 capsules per day



In two of the main meals

Ingredients	Amount per daily dose
D-Glucosamine HCL	1000 mg
Chondroitin sulphate	400 mg
Other ingredients: Hydroxypropylmethylcellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide	



COMPETITIVE ADVANTAGES

- High in chondroitin and glucosamine
- Chondroitin of marine origin, with low molecular weight for improved assimilation



BENEFITS

- Helps regenerate cartilage and improves the condition of joints
- Improves recovery from injuries



OMEGA 3, 6 and 9



90 softgels

Flavour Neutral

Omega 3, 6 and 9 are essential fatty acids for the proper functioning of the human body.

Their main benefits include their contribution to maintaining normal blood cholesterol levels.

Also known as essential fatty acids, omegas 3, 6 and 9 are good fats, which can be consumed as supplements in capsules for ease of use and benefits, and can also be found in fish such as salmon, sardines and tuna, and in oilseeds such as walnuts, flaxseed, almonds and chestnuts.

How and when to take?



Consume 1 softgel per day



Preferably with a meal

Ingredients	Amount per daily dose
<i>Omega-rich fish oil</i>	332 mg
<i>Evening Primrose Oil</i>	332 mg
<i>Linen acceptance</i>	332 mg
<i>Vitamin E</i>	5 mg
<i>Other ingredients: Gelatin and Glycerin.</i>	



COMPETITIVE ADVANTAGES

- Treatment for 3 months
- Easy to transport
- Food-derived ingredients
- EPA and DHA
- Product enriched with Vitamin E



BENEFITS

- Consumption of Omega 3, 6 and 9 benefits the immune system
- Combats and prevents joint pains
- Benefits the circulatory and cardiovascular system



OMEGA 3



90
softgels

Flavour
Neutral



Consume 1
softgel
per day



Preferably with
a meal

How and when to take?

Ingredients	Amount per daily dose
<i>Omega-rich fish oil</i>	1000 mg
<i>Natural vitamin E (67%)</i>	20 mg
<i>Other ingredients: Gelatin and Glycerin.</i>	



COMPETITIVE ADVANTAGES

- Our softgels provide 180 mg EPA and 120 mg DHA per softgel.
- Includes Vitamin E
- Three-month treatment bottle
- Free of heavy metals



BENEFITS

- The Spanish Heart Foundation (FEC) affirms that the consumption of Omega 3 helps to maintain cholesterol levels in good condition.
- These fats are necessary to maintain a healthy heart and avoid cardiovascular problems.
- They contribute to good blood pressure



D-TOX



90 tablets

Flavour
Neutral

This supplement has an effective combination of natural extracts such as **boldo, artichoke, milk thistle** and **choline**, designed to prevent fluid retention and have a purifying effect, both for weight loss and for improving digestive processes.

How and when to take?



Consume 2 tablets per day



In two of the main meals

Ingredients	Amount per daily dose
<i>Boldo dry extract</i>	150 mg
<i>Artichoke dry extract</i>	150 mg
<i>Dandelion dry extract</i>	150 mg
<i>Burdock dry extract</i>	150 mg
<i>Sarsaparilla dry extract</i>	150 mg
<i>Dried extract of milk thistle</i>	150 mg
<i>Desmodium dry extract</i>	150 mg
<i>Choline</i>	82,50 mg
<i>L-metionina</i>	60 mg
<i>Inositol</i>	60 mg
<i>Vitamin B6</i>	4 mg
<i>Other ingredients: Hydroxypropylmethyl cellulose, microcrystalline cellulose, magnesium stearate and silicon dioxide</i>	



COMPETITIVE ADVANTAGES

- Formulated with dry extracts
- Enriched with choline and inositol



BENEFITS

- Improves diuresis
- Supports liver function
- Improves digestive processes



OUT FLOUR



Size:



Flavours

- Vanilla
- Chocolate
- Cookies & cream

Oatmeal flour is an excellent food supplement with multiple properties. Its complex carbohydrates increase our energy and vitality. It contains soluble fibre, which prolongs the feeling of satiety and helps to reduce cholesterol and the risk of heart disease. It provides us with good fats, vitamins, essential minerals and quality proteins that promote muscle development.

Oat flour is developed by micronising; this is a reduction in particle size to improve the absorption of nutrients and their properties. This optimises the assimilation and effectiveness of the product.

How and when to take?



Take, approx. 30 g with 200 ml of water, milk or vegetable drink

It is also ideal for making smoothies, pancakes or any pastry, breakfast or snack dish.

It is so versatile and easy to use that you can also add it directly to yoghurts, fruit, biscuits or cakes.

Ingredients

Micronised oat flour

Other ingredients: Sucralose and flavourings



COMPETITIVE ADVANTAGES

- Delicious flavours
- Soluble and digestive
- Can be eaten raw or cooked



BENEFITS

- Highly soluble and easy to incorporate into any hot or cold dish.
- Delicious flavours to enjoy at any time of the day.
- High soluble fibre content
- A supplement for athletes and people who follow a healthy and balanced diet



OAT FLAKES



Size:



1kg

Types

Thin
Thick

Sport live oat flakes are obtained from sustainable cultivation systems that strictly comply with organic production standards:

- No pesticides, fertilisers or herbicides of synthetic origin.
- No additives, colourings, flavourings, aromas...
- No genetically modified organisms.

This cereal, in itself, is characterised by its high fibre content, and in this case, even more so, as it is wholemeal and thus retains all its natural properties. **Origin: EU Agriculture.**

How and when to take?

They can be eaten cooked or raw.



Cook for 5-10 minutes a 5 tablespoon portion in ¼ litre of water, milk or vegetable drink.

If you prefer them raw, you can add them to juices, vegetable drinks, milk or yoghurt, as well as accompanied by nuts, honey, natural fruit...

Ingredients

100% organic wholemeal oat flakes



COMPETITIVE ADVANTAGES

- They are organically sourced
- Wholemeal
- You can choose between thin and normal out flakes



BENEFITS

- Helps to reduce cholesterol thanks to essential amino acids, fibre and omega 3 acids
- It is an antioxidant
- Reduces blood pressure
- Helps reduce appetite, regulate metabolism and maintain a balanced weight
- It is good for digestion
- It is an ideal food for sportsmen and women and all those who eat a healthy and balanced diet

RICE CREAM



Sport Live Rice Cream has an instant dissolution ideal for preparing breakfasts and snacks.

Its preparation method allows you to create from porridge to smoothies, perfect to accompany with honey, cereals and fruit. This product provides carbohydrates, proteins and is a source of fibre, making it an ideal food for sportsmen and women.

And best of all, with no added sugar!



Size: **1Kg**

Flavours
 Vanilla
 Chocolate
 Cookies & cream
 White chocolate
 Neutral

How to use



Instant reconstitution product. Mix water, milk or hot vegetable drink with 2 or 3 tablespoons of the product and stir. By altering the amount of liquid, you can obtain the desired consistency and taste, from porridge to milkshake. It can also be used as an ingredient in other recipes, such as pancakes and other desserts.

Ingredients

- | |
|--------------------------|
| Rice flour (gluten-free) |
| 87.7% flavour |
| Sweetener (Sucralose) |



WARNINGS

- Store in a cool, dry place.



BENEFITS

- Low sugars content (<5g/100g)
- Very low sodium content (<0.004g/100g)
- Source of fibre (>3g fibre/100g)
- Low fat content





Size:

**Flavours**Energy
Cola
Lime lemon

ENERGY GEL

Drasanvi's energy gels are formulated with a blend of **fast and slow absorption carbohydrates**, designed to provide the energy needed during endurance and long duration sports such as marathons, cycling and triathlons. These gels help replenish the body's glycogen stores without depleting existing stores, allowing for sustained and effective performance.

How and when to take?

Take a gel with water approximately 45 minutes before starting long endurance exercise, during or after physical activity, to combat fatigue and muscle soreness.

Ingredients	Amount per daily dose	% VRN
<i>Magnesium</i>	<i>73,5 mg</i>	<i>19,6 %</i>
<i>Sodium</i>	<i>45 mg</i>	-
<i>Potassium</i>	<i>26 mg</i>	-



COMPETITIVE ADVANTAGES

- **Prolonged Energy:**

The combination of fast and slow absorbing carbohydrates provides sustained energy.

- **Ideal Viscosity:**

Texture designed for easy and comfortable consumption during exercise.

- **High amount of carbohydrates:**

Ensures a continuous source of energy during prolonged activities.



ENERGY GEL PLUS



Need Extra Energy?

For those looking for an extra boost during intense workouts, Drasanvi introduces **Lime-Lemon PLUS Energy Gel with Caffeine**. This gel not only provides the benefits of carbohydrates, but also includes caffeine to improve performance.

How and when to take?

Take a gel with water approximately 45 minutes before starting long endurance exercise, during or after physical activity, to combat fatigue and muscle soreness.

Size:



Flavour
Lime lemon



Ingredients	Amount per daily dose	% VRN
Magnesium	73,5 mg	19,6 %
Sodium	45 mg	-
Potassium	26 mg	-



ADDITIONAL BENEFITS OF CAFFEINE

- Energy Enhancement:**
 Caffeine helps maintain high energy levels, reducing the perception of fatigue.
- Improved Concentration:**
 Ideal para deportes que requieren un alto nivel de enfoque y precisión.
- Stimulation of Metabolism:**
 It helps speed up metabolism and facilitates fat burning, providing additional energy.



Do you have questions about Sport Live?

WE CLARIFY YOUR DOUBTS

1 *Are all products developed and produced in Spain?*

Sport Live is a brand of sports nutrition and supplementation registered by Drasanvi, a company with more than 30 years of experience in the field of food supplements, organic food and organic cosmetics. Our laboratories are located in Villadangos del Páramo (León, Spain), where we carry out all the research and development process for its subsequent commercialisation. Would you like to visit us?

2 *Who develops these products?*

We have a team of sports nutritionists who seek the highest quality in all raw materials and ingredients to achieve a highly effective product.

3 *What is the PABROBAC® patent?*

It is a patent registered by Drasanvi to improve the assimilation of protein macronutrients. PAPAINE+BROMELAIN+BACILLUS COAGULANS (LACTOSPORE®)

4 *Is Sport Live a line intended only for sportsmen and women?*

Athletes are our main consumers, but not the only ones. The most active people who make daily physical effort are often those who most need nutritional support to avoid any vitamin deficiency, to keep their bones, joints and muscles in good condition due to overexertion, or to prevent and treat injuries in a natural way.

However, maintaining a balanced and healthy diet is recommended for everyone. For this reason, Sport Live can also be an alternative for people with anaemia, swallowing problems, protein and vitamin deficiencies, slimming diets or the need to gain weight, and even for those who follow vegan or vegetarian diets or those with allergies and intolerances.

If you want to send us any questions you can do it through the following email address:

info@sportlivenutrition.com

We look forward to hearing from you!



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